

Term 1, Week 9  
Monday 24<sup>th</sup> March 2025

# Narara Public School Monday Mumbles



## Dates to Remember

24 Mar -11 Apr  
Dental Van

## Notes You Should Have

Stage 3  
Camp 2025

Narara Public School  
90 Newling Street  
Lisarow NSW 2250

Phone: 02 4328 3024  
Email:  
narara-p.school@  
det.nsw.edu.au

Uniform Shop  
8:15am – 8:45am  
Tuesday & Friday

## Principal's Report

We are starting to see a number of students arriving to school well before 8:00am. A reminder to parents and carers that staff supervision does not start until 8:10am. Students should not be arriving to school prior to 8:00am unless they are accessing before school care (OSH) or attending band tutorials. When students arrive, they are to sit and wait on the tiered seats outside the school hall until a member of staff arrives for morning duty. Thank you for your cooperation with this matter. For further information on before and after school care please visit: <https://www.oshclub.com.au/find-us/narara-public-school/>

## P&C Annual General Meeting

My sincere thanks to all the parents and staff who attended our last P&C meeting and those parents who have kindly volunteered to take on one of our very important executive positions or community roles. Also, a huge thanks to those parents who filled these positions in 2024 – your hard work and support is greatly appreciated!

Unfortunately, we were unable to fill all the positions that make our P&C a successful and essential part of our school community. It would be a shame for the Narara parent community to lose this 'voice' in the broader educational context.

Congratulations to the following parents who were elected to the following positions:

- President: Scott Loy
- Senior Vice President: Suzanne Morrow
- Junior Vice President: Josie Stanford
- Treasurer: Casey Starr
- Secretary: Josie Torchia
- Uniform Shop Coordinator: Maya Manju Bash
- Uniform Shop Treasurer: **Currently Vacant**
- Fundraising Coordinator: Josie Stanford

The next P&C meeting is scheduled for Tuesday 14 May. We look forward to seeing you there!

**2025 MEETING DATES**

Come along 7pm in the staffroom.

11th February	12th August
11th March (AGM)	9th September
8th April	14th October
13th May	11th November
10th June	9th December



On Monday March 10, Year 6 students attended the first Transition Day at Lisarow High School. Students participated in a range of activities that gave them a good insight to high school life. The students engaged in a variety of lessons including Food Technology, PDHPE, Science, Mathematics, Music and Drama. All students are to be commended for their outstanding behaviour and willingness to try new things. In Term 2 and 3, LHS staff will be visiting our school to hold Q&A sessions for students. We look forward to our next Transition Day at LHS in Term 4.

Stage 3 Teachers



### **Easter Hat Parade and Crazy Hair Day (Save the Date)**

The K-2 Easter Hat Parade will be on Wednesday 9 April. We are looking forward to seeing our community support this event. Younger siblings are also welcome to attend and can wear an Easter hat to the parade if they wish. On this day students in Years 3-6 have the option to come to school with crazy hair. Students in Years 3-6 will come down at the end of the parade for the Easter Raffle. Thank you in advance to our community for supporting the Easter Raffle. Further information is provided in the flyer below.



## Quality Workers

Name	Class	Work Sample
Mackenzie S Matilda B Aidan D	KN	Sam, Pip, Tim (reading)
Buddy C Izikeli Michael	K6O	Fantastic Mr Fox (writing)

Grant McFarland  
Principal

## Swimming Update

On the 14 March we held our Ribbons Assembly to celebrate the achievements of our students at the NPS Swimming Carnival. This event is more than just a competition; it's a wonderful opportunity for our students to showcase their skills, build friendships, and demonstrate school spirit. During the assembly, we proudly recognised all students who participated in the swimming carnival, we presented ribbons to those who placed in the top three and acknowledged the 16 record breakers for their outstanding performances.

We also celebrated our 2025 Age Champions, who excelled on the day.

- **Junior Girls:** Lucy S and Gemma S
- **Junior Boys:** Thomas M
- **11 Year Boys:** Archer L
- **11 Year Girls:** Maddi C
- **Senior Girls:** Olivia S
- **Senior Boys:** Kai V

Congratulations to Hely, the champion house, who were crowned winners for the day! This achievement reflects the teamwork and spirit of our students. A huge congratulations to all students for their enthusiasm and effort!

Additionally, we want to highlight the accomplishments of our 24 students who represented our school at the Brisbane Water PSSA Zone Swimming Carnival held on 7 March at the Peninsula Leisure Centre, Woy Woy. This event provided an excellent platform for our swimmers to compete against 13 other local schools. Throughout the day, I received numerous compliments on our students' outstanding behaviour and sportsmanship. It was truly heartening to see NPS students encouraging not only their peers but also competitors from other schools, embodying the true spirit of sportsmanship.

A special congratulations to Maddi C, who placed 3rd in the 11-year girls' Freestyle event.

There were several closely contested races where our students narrowly missed the top three:

- **Anise T:** 4th in the 8-year girls' 50m Freestyle.
- **Thomas M:** 4th in the 10-year boys' 50m Freestyle (less than a second behind 3rd) and 4th in the Junior boys' Backstroke, missing 3rd by just 0.01 of a second.
- **Richard D:** 5th in both the Senior boys' Breaststroke and Backstroke.

We are incredibly proud of these students and all who participated in the 2025 BWPSSA Carnival. Well done and congratulations to everyone!

We extend our best wishes to Maddi C, who will compete at the Sydney North PSSA Swimming Championships at the Sydney Olympic Aquatic Centre on April 1st, swimming in the 11-year girls' 50m Freestyle event. We know she will represent our school and the BWPSSA Zone with pride. Best of luck, Maddi!

Mrs Lucy Thomas  
(Coordinating Teacher)





Central Coast  
Conservatorium  
Of Music

# Schools Program

Do you want to learn an instrument and play in a band? Come and be part of a fun and engaging learning environment while experiencing the educational benefits of learning a musical instrument.

## Program includes:

- One-to-one or small group lessons at school with Conservatorium teachers
- Whole band rehearsals with Conservatorium conductors
- Performance opportunities at school and external events including Central Coast Band Festival.

Join more than 600  
young musicians from  
20+ schools across the  
Central Coast

Register your interest

To register your child's interest in our School Band Program send a text with their details to 0402 000 757. Alternatively scan the QR code (below), phone 4324 7477 or visit our website.



SCAN ME

Want to know more?  
Join our online parent  
information session:  
Wednesday 27 Nov, 7pm

Scan QR Code for Zoom  
link and to enrol

**Bendigo Bank**

Proudly Supported by Bendigo Bank Community Bank  
Branches, East Gosford, Lisarow and Kincumber

For more information phone 4324 7477 or visit our website:

[www.centralcoastconservatorium.com.au/schools-program](http://www.centralcoastconservatorium.com.au/schools-program)



## NSW Health Mobile Dental Program



## NSW Health Primary School Dental Program

NSW Health is working with the Department of Education and public primary schools to offer free dental check-ups and preventive care, to all students as part of a school-based mobile dental program. Our school has been selected to participate the program.

Many parents may not realise two important things about their children's teeth:

1. Good oral health is essential for children to successfully learn and participate at school, and
2. NSW Health offers free public dental health services to all children under 18 years of age.

Learning and behaviour difficulties at school can start with tooth and gum problems. That's because decay and gum disease can cause pain and difficulties in eating, sleeping, talking, concentrating, and learning, which can in turn affect a child's behaviour in class. A child with tooth decay may feel self-conscious about the way their teeth look and feel, making it harder for them to join in class and social activities.

Our school is participating in the program and offering students the opportunity to have free dental check-ups in a comfortable and familiar environment at school. With a parent/carers consent, students are able to have a free dental check-up and free preventive care.

**The program is scheduled to visit our school from 24/03/2025 to 11/04/2025.**

A Parent Information and Consent Pack has been sent home with each student, and includes information sheets, consent forms and the program privacy statement. Parents/carers who want their child to receive care are advised to:

1. Read all the information provided in the pack
2. Carefully complete all the fields of the consent forms
3. Return the consent forms to the school as soon as possible

More information about the program or how to access public dental clinics is available on the NSW Health website at: <https://www.health.nsw.gov.au/oralhealth/primaryschool dental> or <https://www.health.nsw.gov.au/oralhealth/Pages/default.aspx>

**If you have any questions, please contact CCLHD Primary School Mobile Dental Program – Wyong Hospital on 4394 4842 or email [CCLHD-MDC@health.nsw.gov.au](mailto:CCLHD-MDC@health.nsw.gov.au)**



# STEWART HOUSE CHARITY DRIVE



Stewart House provides essential medical care, confidence-building activities, and a supportive environment where public school children in need can reset, thrive, and embrace a brighter future.

**Envelopes must be returned to enter the draw!**

**Draw: Friday, 23 May 2025**

## Important:

Online payments ARE NOT an automatic entry into the draw.

Please return your envelope(s) to your school with a receipt number (if paying online) for entry in the draw.



**Stewart House**

We are sending home Stewart House envelopes today.



If you can spare \$2 to donate to this Years Charity Drive, it would be very much appreciated. Your contribution supports the 1,600 children who attend Stewart House each year from public schools across NSW and ACT.



## **OSH CLUB at NARARA.**

Come along and meet our staff.

We pride ourselves on providing your child/ren with fun, play based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure.

We also fuel their curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

On our menu we have (Gluten free), and Vegan options.

We have qualified staff so as a parent you can be confident that your child/ren are always safe.

For bookings.

[Oshclub.com.au](http://Oshclub.com.au) just click and register.