



Principal's Report

Dates to Remember

27 Feb
Swimming Carnival

Notes You Should Have

Stage 3 2023
Canberra Excursion
Swimming Carnival



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Lisarow NSW 2250

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Welcome students and families to the 2023 school year! I hope all families had an enjoyable break. All staff are looking forward to 2023 and working cooperatively with students, staff, parents and the wider community to further improve this great school with a focus on increasing the educational outcomes of all students. We offer a warm welcome to new families commencing at NPS this year!

Friday 27 January and Monday 30 January were School Development Days. During these days staff completed mandatory compliance training including CPR and Anaphylaxis, engaged in professional learning linked to key programs and pedagogies being delivered at NPS and collegially worked together to ensure a smooth start to the school year. The Department has advised that the week students return to school (this week) will be Week 2 of Term 1 as the School Development Day on Friday 27 January was deemed to be Week 1.

Students in Year 1 to 6 return to school today (Tuesday 31 January) and our Kindergarten students start school on Monday 6 February. Thank you in advance to our kinder teachers, executive and administration and support staff who I know will do an amazing job assisting our newest students settle into school. For their first week of school Kinder students will be walked down to the main gate on Newling Street at 2:00pm for an early departure from school, however, Kinder students also have the option of staying until the end of school if they are going home with siblings on the school bus or parents / carers are unable to pick them up at 2:00pm. If you have any questions or concerns around this process, please make contact with one of the Kinder teachers. Further information has been put on our social pages and is supplied in this newsletter.



Staffing Update

Below is an outline of our 2023 staff. In Week 4 we will be holding face to face parent / teacher information sessions, so you will get an opportunity to meet your child's / children's classroom teacher/s and discuss the routines of the classroom. Session times and dates will be sent to families via Class Dojo shortly.

Congratulations to Miss Nott who will be getting married next week. This is very exciting news. Miss Nott will now go by the name of Mrs Beatty. Hoping for lots of sunshine on your big day Mrs Beatty! Last year Miss Newton also married and will now be known as Mrs Thomas.

At the end of last year, it was announced that Mr Weiss and Mrs Doherty will be accessing some of their long service leave and enjoying a well deserve extended holiday. We wish them well in their travels and adventures. Mr Briggs from Cooranbong Public School will relieve in Mrs Doherty's position and Mr Ramm will lead Stage 3 in Mrs Weiss' position



Last year we also farewelled Mrs Parker who will be commencing in an Assistant Principal role at Chittaway Bay Public School. Mrs Mowczko has been appointed to NPS as part of the graduate recruitment program. We welcome Mrs Mowczko to NPS and wish Mrs Parker all the best in her new role.

During the holiday period Miss McLoughlin was offered a permanent teaching position at Woy Woy South Public School under the graduate recruitment program. This is very exciting news for Miss McLoughlin, however, it has meant a staffing change for 1S. Mrs Fenton will replace Miss McLoughlin and teach students in 1S this year. Mrs Fenton worked as a casual teacher at NPS in Term 4 last year and is familiar with students, staff and school practices and procedures. Welcome Mrs Fenton!

Mrs Hills will continue over at Bateau Bay Public School for 2023 as a relieving Deputy Principal. This is a wonderful opportunity for Mrs Hills and we wish her all the best in this role.

Michelle Irvine (School Learning Support Officer) will continue on maternity leave and will return later this year. Miss Cairns (K6C) and Mrs Darocha will commence maternity leave later this term. Mr Emerton will replace Miss Cairns and Mrs Windress will replace Mrs Darocha. Both Miss Cairns and Mrs Darocha will be starting the year in their normal role. And last but not least Mrs Darling and family are continuing to travel around our beautiful country for part of 2023. We wish the Darlings safe travels. Mrs Darling will return part way through this year.

A full list of staff for 2023 is as follows:

KC	Miss Coleman (Mon / Tues / Wed / alternate Thurs) Mrs McKinnon (alternate Thursday / Fri)
KG	Mrs Gibbons (Mon / Tues / Alternate Wed) Mrs Wells (Alternate Wed / Thurs / Fri)
KB	Mrs Bond
1S	Mrs Fenton
1K	Mrs Kirk (Tues, Wed, Thur, Fri) Mrs Jody McKinnon (Mon)
1/2N	Mrs Norman
2P	Miss Pass
3/4A	Mrs Austin
3/4M	Mrs New
3/4J	Mrs Mowczko
4/5W	Miss Wrench
5/6B	Mr Briggs
5/6R	Mr Ramm
5/6L	Mrs Thomas (aka Miss Newton)
K6M	Mrs Osborne (Mon / Tues / Wed) Mrs McPhan (Thurs / Fri)
K6C	Miss Cairns
EI	Mrs Darocha (Mon / Tues / Wed / Fri) Mrs Tyrrell (Thurs)

Other staff include:

Assistant Principal Curriculum & Instruction: Mrs Brogan

Librarian: Mrs McMahon (Mon / Tues / Wed) and Mrs May (Thurs / Fri)

Technology: Mrs Beatty (aka Miss Nott)

School Administration Manager: Mrs Barnes

School Administration Officers: Mrs Trigg & Mrs Warbrick

Learning Support: Mrs Cotterill, Mrs McKinnon, Miss Chiliberti

School Learning Support Officers (Teacher Aides): Kristee Carmody, Darlene Lumby, Jenny Davies, Jane Farrugia, Nicole Quinton, Natalie Jenkins, Leigh Goodier, Cameron Maher

School Counsellor: Mrs Potter

General Assistants: Theo Kristidis

Class Compositions

At NPS we believe that every child will be taught at their point of need. The word 'composite' is old terminology as all classes are stage classes, which is what the syllabus guides. Teachers at NPS are well-versed and experienced in conducting programs in stage-based classes. Our teachers work in teams and by doing so the opportunities provided to students is enhanced. Our teachers ensure that today's students can develop the knowledge, understanding, attitudes, creativity and collaborative skills necessary to be life-long learners.

Each year there is some discussion around stage base classes or job share classes. It is important to note that numbers do play a large role in class formations, with schools working to comply with department guidelines for class sizes and staff allocations. But with an individualised approach to learning, Narara teachers see that these challenges can become opportunities.

We need to stop thinking of our students as being in a 'composite / stage base' class and that this is a bad thing. Our students, your children, are individuals in a class, being nurtured and inspired by caring, professional and dedicated teachers.

What the Research says: Research, which has been predominantly conducted in primary schools, suggests there is no discernible difference between composite / stage base and straight grade classrooms in terms of academic performance. However, benefits relating to student independence, responsibility and study habits have been highlighted. For example, younger children within a composite grade generally aspire to emulate older children in their work, and older children enjoy leadership and mentoring opportunities that lift their self-esteem. Some say these classrooms are more flexible; allow children to work at their own pace; offer a wider range of friendship opportunities; and encourage more cooperation and tolerance. Proponents of stage base classrooms adhere to the theory that children should be taught "by stages, not ages", pointing out that in life, age stratification does not exist.

This year we have a number of part time and job share positions. There are various reasons why this occurs including being linked to leave options, employment requirements and/or employee choice. As the Federal Government provides this entitlement to all workers nationwide, it is a regular occurrence. This results in many classes in schools across Australia being taught by two teachers on different days of the week. While some parents may not see this as desirable, it is a staffing arrangement that staff members are entitled too. Our teachers are committed and hard-working and when those who do job share, team up with a colleague, we ensure that regular and frequent communication takes place between them. Teachers are paired together to complement each other's skillset which should ultimately have a positive impact on students.

P&C

Joining our P&C is a great way to meet and get to know other school families. New members are always welcome to come along and join. The first meeting for 2023 is scheduled for Tuesday 14 February.

Uniform Shop

The uniform shop is looking for a new coordinator / volunteers in 2023. Without assistance, the uniform shop will not be able to operate. If you can help at the shop, please make contact with the P&C on nararapublicschool@pandcaffiliate.org.au

Due to lack of volunteers the uniform shop at this point in time will not operate on Tuesday mornings as it has in the past. It will only be open Friday mornings 8:15am to 8:45am

All assistance is greatly appreciated, as an onsite uniform shop greatly benefits our school community!



Newsletter / Social Media Platforms

The newsletter will be distributed to families each fortnight on the even weeks this term as this week is deemed as Week 2. In Term 2 the newsletter will again go out on the odd weeks eg Week 1, Week 3 and so on. The newsletter connects us with our community and allows us to pass on important information. Similarly, our Facebook Page and ClassDojo are also very important information platforms. We encourage all parents / carers to be connected on these platforms. Teachers will be connecting with families on Class Dojo in the near future.

Gates Closed

To ensure the safety of all students, particularly our new Kinders, the main gate (Newling Street) will be closed but not locked during school time. All other gates will be locked after students go into class and will reopen prior to the end of school.

Parent Questions / Concerns

If you have any concerns regarding your child's educational, emotional or social wellbeing please contact our school to organise a meeting with your child's classroom teacher.

Most questions / concerns should be resolved by the classroom teacher at a mutually agreeable time. The teacher will make a record of your concerns and report your meeting and any outcomes to the stage Assistant Principal and the school Principal (where required).

If you feel your concerns are not resolved by the classroom teacher, please organise a meeting with the Stage Assistant Principal to help you and the teacher resolve any concerns. Our Assistant Principals for 2023 are:

- Early Stage 1 (Kindergarten) and Stage 1 (Year 1 & Year 2): Miss Coleman
- Stage 2 (Years 3 & 4): Mrs New
- Stage 3 (Years 5 & 6): Mr Ramm
- Support Education: Mrs McPahn & Mrs Cotterill
- Assistant Principal Curriculum & Instruction: Mrs Brogan

Lastly, if you can't resolve your concerns after speaking to your child's teacher or Stage Assistant Principal please make contact with myself.

Road Safety

This year I will again be implementing a Riding Safely to School Declaration. All students riding to school are required to sign the declaration annually. The Riding Safely to School Declaration can be picked up from the front office. Thank you for your support with this initiative. The intention behind the declaration is to keep students safe. If you have any questions or concerns, please contact me via the school.



School Leaders & Sport Captains

On Presentation Day we announced our 2023 School Leadership Team. Congratulations to the following students:

Captains (alphabetical order of surname):

- Lara S
- Alex W

Prefects (alphabetical order of surname):

- Mei F
- Eamon K
- Kai L
- Naomi R
- Chiara R
- Flex W



At the end of last year students also voted for our House Captains. Congratulations to the following students:

Dobell: Chika O & Harvey P

Gavenlock: Hope R & Zac M

Hely: Isabella L & Lachlan M

Kendall: Emily L & Will M



2022 Presentation Day

On Wednesday 7 December we held our annual Infants and Primary Presentation Days. These events were magnificent, and it was great to have our school community in attendance. Thank you to our special guests that were able to be in attendance and congratulations to all award recipients. A list of major award winners was as follows:

	Name
DUX	Charles M / Maisie C
Citizenship	Michael F
Spirit of Narara	Varun S
Premier's Sport Medal	Sukhmandeep D
Creative Arts Medals	
Choir Leader 2022	Ivy M
Music	Lily P / Mia B
Dance	Courtney C
Band Leader- 2022	Oliver P
Creative Arts	Sophie C / Maisie C
ATHLETICS	
Junior Boys	Jaxon H
Junior Girls	Harmony M
11 Years Boys	Will M
11 Years Girls	Emily L
Senior Boys	Nash K / Callum W
Senior Girls	Sukhmandeep D
ATHLETICS HOUSE CHAMPION	GAVENLOCK
SWIMMING	
Junior Boys	Xavier D
Junior Girls	Imogen M
11 Years Boys	Flex W
11 Years Girls	Emily L
Senior Boys	Callum W
Senior Girls	Izelle R
SWIMMING HOUSE CHAMPION	GAVENLOCK
PURDY WHITLOCK MEMORIAL MATHEMATICS	
Multi Categorical	Michael O
Kindergarten	Liam S
Year 1/2	Maxwell V
Year 3/4	Joseph M
Year 5/6	Michael L
TIM ROBB MEMORIAL ENCOURAGEMENT AWARDS	
Multi Categorical	Ewan D
Kindergarten	Tyler B
Year 1/2	Ava W
Year 3/4	Lilly R
Year 5/6	Kate S
EARLY INTERVENTION AWARD	Harley J
Public Speaking Medals	
Kindergarten	Iszebelle C
Stage 1	Jasmine M
Stage 2	Lauren M
Stage 3	Maisie C
Rising Star Award (Learning Support)	

Year K-2	Jayden A
Stage 2	Bradley A
Stage 3	Harry B
Technology Medals	
Kindergarten	Lucas K
Stage 1	Daniel F
Stage 2	Oscar K
Stage 3	Cooper F
Lion's Club Recipients	
Recipient 1	Leah M
Recipient 2	Wil D





Grant McFarland
Principal



.....Narara Public School

.....INNOVATION, ENGAGEMENT, SUCCESS

2023 Updated Learning Support Student Information

Dear Parents,

In order to continue providing our students at Narara Public School with the most appropriate support and adjustments for success, we are asking parents to provide updated information on students where necessary. While it is optional to fill out this form, it does help us to ensure we have the most recent information on students.

Child's name: Class:

1. → Does your child have a diagnosis provided by a specialist? (PAEDIATRICIAN/PSYCHOLOGIST)

YES/NO Diagnosis:

Please provide reports from specialists regarding diagnosis.

2. → Does your child regularly see a paediatrician for any reason? YES/NO

Name of Paediatrician:

3. → Does your child access any other specialist services?

Speech YES/NO

OT YES/NO

Psychologist YES/NO

Other YES/NO

Please place the names of the therapy providers on the lines above

If your child has recently received reports by any of the above professional services, please send a copy to the Learning Support Team.

4. → Does your child currently receive NDIS funding? YES/NO

Please return this sheet to the Learning and Support Team by Friday 10th February.

5. → I give permission for this information to be shared with school staff YES/NO

Parent/Carer Signature: Date:

Kind regards

Mrs Cotterill



Narara Public School

Kindergarten 2023

Outlined below is an overview of Week 1- Week 4 2023 for Kindergarten.

	Day	Date	Activity / Location
Week 1	Friday	27 th January	Teachers and Staff only
Week 2	Monday	30 th January	Teachers and Staff only
	Tuesday	31 st January	Year 1-6 students return to school Kindergarten Best Start (Appointments Only)
	Wednesday/Thursday	1 st / 2 nd February	Kindergarten Best Start (Appointments Only)
	Friday	3 rd February	Kindergarten Best Start (make up days)
Week 3	Monday	6 th February	Kindergarten arrive at 9:30am (school hall) and finish at 2pm (front gate) Newling Street.
	Tuesday- Friday	7 th – 10 th February	Start 8:25am and finish at 2:00pm (please see below for pickup arrangements). Classes will be formed during this week and notes will be sent home to inform parents of their child's permanent class.
Week 4	From Monday	13 th February	Start 8:25am and finish at 2:30pm. Students in their permanent class.

On Monday 6th February, the first day of kindergarten, parents and students are to meet in the hall at 9:30am. We will have a brief welcome and the children will head off with their teachers for their first day. For this first week, Kindergarten will be finishing at 2pm. Teachers will bring them down to the front gate (Newling Street) at the end of our school day. If your child catches the bus or is going to our after school care (OSH) they will stay with a teacher until 2:30pm. We will be asking that parents let us know their child's pick-up arrangements on the first day of school. From Tuesday 7th February teachers will be encouraging students to say goodbye to parents at the gate and make their way up to our kindy meeting area (silver seats at the hall) for our 8:25am bell. We will have staff members at the gates to help with this if needed.

From Week 3 (13th Feb) we will bring them back down in the afternoon at 2:30pm. If you wish your child to leave via one of our other gates (Pierce St or Douglass Cl) please let us know. Again, if your child is going on the bus or OSH they will be taken to their bus line or OSH. You are more than welcome to come up to the main quadrangle to meet your child at the end of the day if you wish. We do ask that you do not come over or wait outside the classrooms.

Here at Narara, class placement is based on social, behavioural and emotional needs of the student and not academic ability. We will aim to have the permanent classes organised and up and running by the end of Week 3.

Once children have been placed in their permanent class, we will organise access for parents to join their teachers on Dojo. This is a great way to connect and contact our teachers. All the teachers are intent on making the transition to school a peaceful and happy time for your child. If at any time you have questions or concerns, no matter how small, please let us know.

Semester 1 - Class Equipment List for 2023

Parents are kindly asked to provide the following equipment at the start of the school year for **Semester 1**.

Kindergarten	Year 1	Year 5 / 6
6 glue sticks (12 for the year) 2 eraser 1 library bag 1 paint shirt 2 packets of whiteboard markers Paper towel Liquid Soap 1 pack of wet wipes	6 glue sticks (12 for the year) 1 pk twister crayons 2 eraser 1 enclosed pencil sharpener 1 library bag 1 paint shirt 3 packets of whiteboard markers 2 Liquid Soap 2 Paper Towel	Small pencil case with: Pens 2 of each – blue, black and red Pencils – coloured and lead (HB) Homework book – A4 size (at least 96 page) 6 Glue sticks 1 eraser Senior ruler (with millimetres) – solid wooden or plastic (not flexible plastic or metal) Geometry set (optional) 2 packets of Highlighters (yellow, blue, pink and green) 1 box of tissues 4 rolls of paper towel 1 library bag Headphones 1 Liquid hand soap
Year 2	Year 3 / 4	Support Classes
6 glue sticks (12 for the year) 1 pk twister crayons 2 eraser 1 enclosed pencil sharpener 1 library bag 1 paint shirt 3 packets of whiteboard markers Headphones Liquid Soap Paper Towel	Small Pencil Case with: Blue (or black) and red pens (once student obtain pen license) 6 glue sticks Coloured pencils/crayola twist crayons/ textas 2 packets of highlighters with at least yellow green, blue and pink 2 packets of whiteboard markers Ruler (cm and mm) Sharpener (with catcher) Eraser 1 Liquid hand soap 1 Boxes of tissues 4 rolls of paper towel Headphones Paint shirt Library bag	6 glue sticks 2 erasers 1 box of tissues 4 rolls of paper towel 2 pump hand soap 1 paint shirt or oversize T-Shirt – (new students only) 2 packets whiteboard markers Headphones – (new students only) 1 pack of wet wipes Library Bag- (new students only)



Narara Public School

Student Book Packs 2023

Dear Parents & Carers,

- Book Packs can be purchased by placing your order through the LJ Harper website: www.ljharper.com.au
- All book packs will be **DELIVERED to Narara Public School** to ensure your child received their book pack on the handout day **Tuesday 14th February**, please place your order prior to **Sunday 12th February 11:59M**

Year	Book pack inclusions	Price
K	NSW Targeting Handwriting K	\$17.95
1	NSW Targeting Handwriting Book 1	\$17.95
2	NSW Targeting Handwriting Book 2	\$17.95
3	Sound Waves Student Book 3, Reading Conventions 3, NSW Targeting Handwriting Book 3	\$54.85
4	Sound Waves Student Book 4, Reading Conventions 4, NSW Targeting Handwriting Book 4	\$54.85
5	Sound Waves Student Book 5, Maths Plus NSW Edition Student & Assessment Book Pack 5	\$42.90
6	Sound Waves Student Book 6, Maths Plus NSW Edition Student & Assessment Book Pack 6	\$42.90
MC	NSW Targeting Handwriting Student Book, Sound Waves Student Book	\$35.90

How to Order Online

1. Go to the www.ljharper.com.au
2. Click on the yellow **"STUDENT PACKS"** button located at the top of the page
3. Click on **Enter your school code** then enter code: **LJNARA** and click **"SEARCH"**
4. Select the **Year Group Pack** and/or items you would like to purchase and click **"PURCHASE"**
5. Enter the First Name and Last name of the Child you are purchasing for and click **"ADD TO CART"**
 - If you are purchasing for a second Child in the same year group click on the grey box to "Add second child for this year level and enter their First and Last name.
 - If you are purchasing for a second Child in a different year group click on **"Back to all Year Groups"** and click on the year group/ product and enter their First Name and Last Name then click **"ADD TO CART"**
 - If you are purchasing an item in addition to a book pack click on **"Back to all Year Groups"** and click on the item you need to purchase and enter the First and Last name of the child this product is for then click **"ADD TO CART"**
6. Once all items have been added to your cart click on **"VIEW CART"**, check your shopping cart to ensure you have selected the items you require and click **"PROCEED TO CHECKOUT"**
7. Fill out your billing details in checkout and click **"PLACE ORDER"** this will direct you to pay for your order, fill in your card details then click **"CONFIRM AND PAY"** (Note: **All primary orders will be delivered to school on a pre-arranged date with school, however for billing details we require a personal address – this website does not accept American Express cards**)
8. Your order has now been completed and you will receive a confirmation email from LJ Harper Books.

School Code: **LJNARA**

L for Lima, J for Juliet, followed by the first four letters of Narara. Enter letters together in the search bar.

NSW Health Mobile Dental Program



• NSW Health Primary School Dental Program¶

NSW Health is working with public primary schools to offer free dental check-ups and preventive care to students as part of a school-based mobile dental program. Your child's school has been selected to participate in this program. ¶

The program involves a mobile dental team making scheduled visits to your child's primary school. During the first appointment a dental check-up and preventive care package will be provided, subject to parental consent. A letter will be sent to parents/guardians providing an update on the child's dental check-up. ¶

The program is scheduled to visit your child's school from 13/03/2023 to 6/04/2023. ¶

Parent Information and Consent Packs will be sent home, including information sheets, consent forms and the program privacy statement. Parents/guardians who want their child to receive care are advised to: ¶

1. → Read all the information provided¶
2. → Carefully complete the consent forms¶
3. → Return the consent forms to the school as soon as possible¶

More information about the program is available on the NSW Health website:

<https://www.health.nsw.gov.au/oralhealth/primaryschool dental> ¶



From July 2019, children attending participating primary schools in The Central Coast will have access to free dental care through the NSW Health Primary School Mobile Dental Program. ¶



PAYMENTS DUE

- School Voluntary Contribution 1st Child \$40, 2nd Child \$25, each other child \$15
- Stage 3 Camp 2023 (Years 5 & 6) 2nd instalment due 17th February \$50:00.
- Swimming Carnival payment due by

Please remember, when paying for an excursion, send in the permission notes to the office. This is as important as paying for the cost.

Car Parking

The Car park is for STAFF ONLY. This is for the safety of our students and school community.



The Snack Shack Ph 0418238775

Welcome to 2023, included in today's newsletter is a copy of the 2023 menu. We have 2 new menu items -toasted mexican wraps and meatball subs.

Our suppliers are still having issues with stock of chicken burger fillets and some iceblocks. We will be offering alternatives.

How to order - Please download the Flexischools app - we are ONLINE ONLY for lunch orders - Orders can be placed in advance and cancelled on the day (prior to 8.30am) if your child is absent. There is also an afternoon tea menu. We offer a wide variety of afternoon tea fresh made and frozen treats for 50c-\$2.50-Please do not send your children with large amounts of money as we do not encourage sharing money.

Canteen Volunteers - We rely on the wonderful support of the NPS families - If you can spare a day or 2 per term please contact us -the children also love seeing their family members help. Thank you to the Parents/Grandparents who have put their hand up already.

Canteen Committee - The canteen is a part of the P&C, we have a small group (sub committee) that meet twice per term (night time) to discuss upcoming canteen events, special days and day to day running (being available for a day or 2 in the canteen is also helpful. We would love some new faces, please contact me for more information.

The Snack Shack Facebook group page - all up to date info is posted here - specials etc...
Looking forward to 2023

Thank you
Nicola Ford (Canteen Manager)



MEXICAN WRAP \$5.30
WITH NACHO MIX
CHEESE, SOUR CREAM, AVOCADO, SALSA
(OPTIONS)



MEATBALL SUB \$5.00 BEEF MEATBALLS WITH SAUCE AND CHEESE(OPTIONAL)



NARARA PUBLIC SCHOOL CANTEN MENU 2023

Canteen Manager: Nicola Ford 0418 238 775
Canteen Open Wednesday, Thursday and Friday from 8.00am to 2pm.



Canteen Orders ONLY Online via FLEXISCHOOLS (www.flexischools.com.au) or flexischools App

Orders close by 8.30am

We follow the **NSW Healthy Schools Canteen Strategy**. We are Nut Free and Egg free where possible
Volunteers are always needed and welcomed.

SANDWICHES-available at 1st break

Vegemite	\$2.20
Cheese	\$2.40
Ham, Chicken, Tuna	\$3.20
Salad	\$4.00
Ham & Cheese	\$3.50
Ham, Cheese & Tomato	\$4.20
Chicken, Lettuce & Mayo	\$4.70
Tuna, Lettuce & Mayo	\$4.20
Meat & Salad	\$4.70

Toasted	FREE
Gluten Free bread options	\$1.00

(on request only)

SALAD BOWL (GF)	\$4.40
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Lettuce, tomato, carrot, cucumber, cheese

Add Ham, Chicken	\$1.50
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(GF) Gluten Free (V) Vegetarian

**SNACKS-available at 2nd break afternoon tea
purchase from counter and on Flexischools**

**Orders can be cancelled before 8.30am on the
Flexischools app/website.**

HOT FOOD ITEMS-available at 1st break-lunch

Chicken Breast Nuggets	\$4.60
5 pieces (NOT sold individually)	
<i>GLUTEN FREE NUGGETS AVAILABLE</i>	

Hot Cheese & Ham Roll	\$2.50
Low Fat Plain Pie	\$4.80
Low Fat Sausage Roll	\$3.20
Hot Chicken Tender Wrap	\$4.70

Lettuce, carrot, cheese, mayo or sweet chilli sauce

Chicken Burger <i>Lettuce & mayo</i>	\$4.70
Beef Burger <i>Lettuce, cheese, tomato & sauce</i>	\$4.70
Homemade Beef Nachos (GF)	\$5.30
Vegetarian Nachos (GF, V)	\$4.30
Homemade Bolognese (GF)	\$4.80
Sushi-Tuna and Vegetarian (GF)	\$3.60
With Soy sauce (GF available)	

Meatball Sub	\$5.00
Meatballs in passata sauce with cheese(optional)	
Toasted Mexican wrap	\$5.30
Nacho meat with cheese, sour cream, avocado, salsa (options)	

DAILY HOMEMADE AFTERNOON ITEMS

From 50 cents to \$2.00 fresh items made daily

Whole fresh fruit	\$1.00
Low Fat Choc Mousse (GF)	\$1.50
Low Fat Yoghurt (GF)	\$1.50
Low Fat Custard	\$1.00
Large Popcorn (GF)	\$1.00

DRINKS

Spring Water 600ml	\$2.00
Popper Juice 250ml	\$2.60
Milk Poppers	\$3.00

ICEBLOCKS

Juicies (GF)	\$1.00
Large Ice Block (GF)	\$1.00
Juicie Tube (GF)	\$1.50

EXTRAS

Additional Fork/Spoon	\$0.20
Sauce.....	\$0.50

**Lunch orders-Bottled drinks will be place with
placed in class baskets.**

Break times-

**1st break-lunch .11am ONLINE ORDERS
ONLY(no buying)**

**2nd break-1-1.30pm Afternoon tea-buying
time and online orders.**

COMMUNITY NEWS

OSH CLUB at NARARA.

Come along and meet our staff.

We pride ourselves on providing your child/ren with fun, play based learning experiences before and after school as well as during the school holidays. Whether your child attends OSH daily or only occasionally, each visit is an exciting and engaging adventure.

We also fuel their curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

On our menu we have (Gluten free), and Vegan options.

We have qualified staff so as a parent you can be confident that your child/ren are always safe.

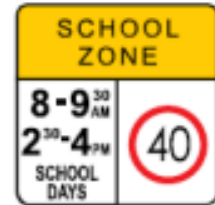
For bookings.

Oshclub.com.au just click and reg

Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- ✓ A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- ✓ **School Bus lights** – buses use signs and orange flashing 'wigwag' lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the 'wigwag' lights are flashing as there may be children crossing or about to cross the road.



- ✓ A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



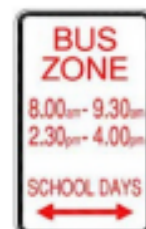
THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP

BUT YOU MUST

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones
HEAVY FINES and DEMERIT POINTS APPLY**

- ✓ A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



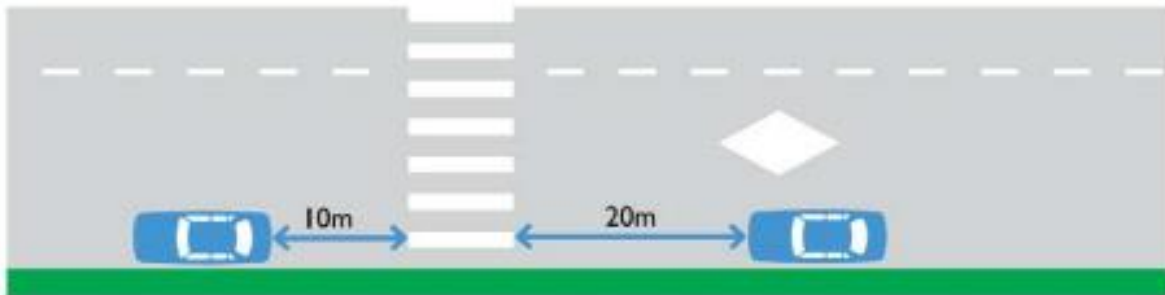
- ✓ A **No Stopping Zone** means no stopping at any time.



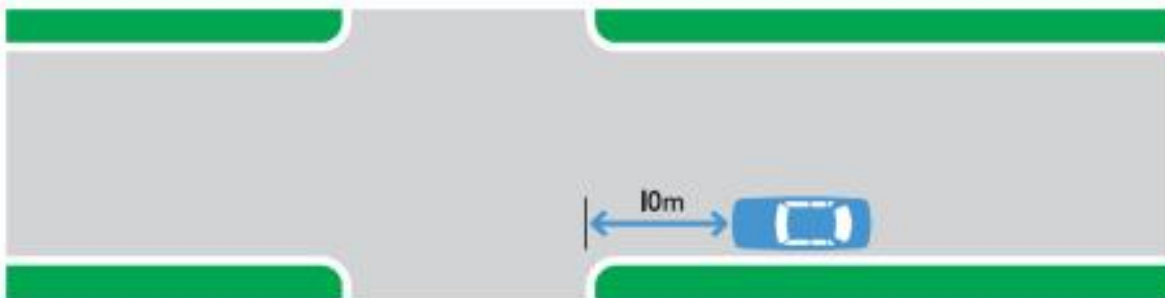
Other times when you must not stop

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

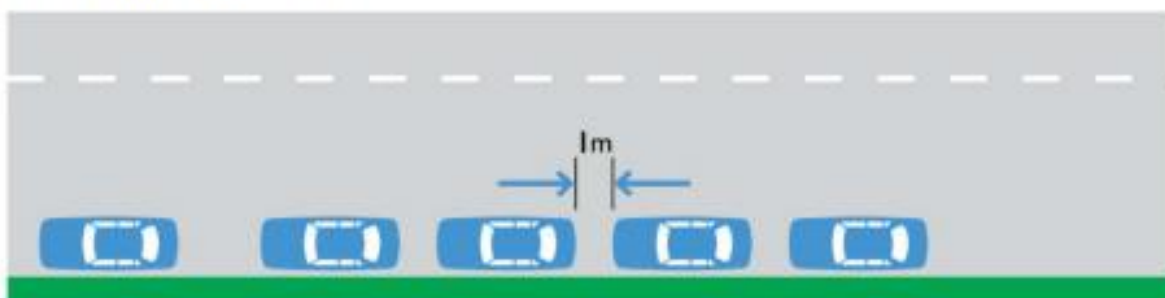
- ❑ Double parked (that is in the road alongside a car that is parked)
- ❑ Across a driveway or footpath
- ❑ On a median strip or traffic island
- ❑ On footpaths and nature strips
- ❑ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❑ Within an intersection
- ❑ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❑ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❑ At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❑ Within three metres of any double centre lines
- ❑ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.

Different on the Outside, SAME ON THE INSIDE



Social
Futures

Delivering the NDIS in your community

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Join us on     

Different on the Outside, Same on the Inside

TEACHING INCLUSION AWARENESS IN SCHOOLS

This inclusion awareness program is delivered over two weeks (2 x 40 - 60 min sessions).

Facilitator, Maree Jenner, is a woman with lived experience of disability. She has short stature/dwarfism.

Maree will engage children to talk about difference and the challenges faced by her "growing up little" in a world built for average height people.

The program provides opportunity for children to explore and discuss what it means to be inclusive of difference and to ask questions.

Students are challenged to look at their own role in society and their contribution to positive and negative mindsets, and are encouraged to find inclusive ways of communicating and acting.

This free program can be adjusted to cater for school aged children K-Y6.



"Studies show that talking to children about difference and inclusion increases acceptance, and encourages empathy and respect towards one another"

Maree Jenner



POSITIVE SOCIAL CHANGE

