



The day will run over 2 sessions with Infants running in the first session and Primary in the second.

Each session will be broken into stages. ES1, Stage 1, Stage 2, Stage 3

Time	Stage	Students	Teachers
8:45am – 9:30am	ES1	46 students	4 Teachers
9:45am -10:30am	S1 + 1K	121 students	5 Teachers
10:30 am	Recess		
11:00am – 11:45am	S2+4F	100 students	3 teachers + Dave
12:00pm – 12:45pm	S3	111 students	4
12:45 pm	Lunch (Eating Time)		
1:00pm – 1:30 pm	Lunch Play Time		
1:30pm – 2:30pm	Afternoon Session – Making of Art Display for Library. P and C to visit classrooms.		

Each group will have to complete the Olympathon Obstacle Course.

Groups are asked to wear house colours and to start at 4 different starting points

1. Kendall
4. Gavenlock
7. Hely
9. Dobell

Events include

1. Long Jump – Jump into sand pit (Teacher)
2. Slalom –Zig Zag in and out of the flags
3. High jump – Jump over height onto High Jump Mat (Teacher)
4. 70 metre Sprint – Students Sprint down our Sprint track
5. Hurdles – Jump Over Hurdles
6. Net Crawl – Crawl underneath the netting.
7. Soccerroos – Students Dribble ball through course and back to the start. (Teacher)
8. Hill Climb – Using the COLA seating children zig zag down the stairs.
9. Gymnastics – Students roll down the mat to the other end.
10. Hockeyroos – Students dribble various sized balls through a course and then give the ball and stick to next competitor. (Teacher)

There will be drink station positioned at the bubblers.

Teachers and parents to man most events

Activity Description

<p>1. Long Jump</p> <p>Children take turns to run and jump into the Long Jump pit. Children form 1 line and when supervisor says go they jump into pit.</p>	<p>2. Slalom</p> <p>5 lanes are set up for the children. They select one lane and zig, zag in and out until they get to the end of the course.</p>
<p>3. High jump</p> <p>Children take turns to jump over low rope onto the High Jump mat. 1 at a time, supervised by the teacher.</p>	<p>4. 70 Metre Sprint</p> <p>4 lanes. Students sprint up the end of the lanes to the finish line. Students begin in groups of 4. They need to wait until the lane is free.</p>
<p>5. Hurdles</p> <p>4lanes. Students run down the track hurdling the hurdles. If they bump one they will need to fix it up. They need to wait until a lane is free.</p>	<p>6. Net Crawl</p> <p>Students will need to crawl under a net and get to the other end. Limited to 2 at a time.</p>
<p>7. Soccerroos</p> <p>Students dribble ball at through a course and kick into a goal. 4 lanes operating at the same time with 2 goals.</p>	<p>8. Hill Climb</p> <p>Students begin at the bottom of the COLA steps and wind their way up to the top.</p>
<p>9. Gymnastics</p> <p>Students 'Peanut Roll' from one end of the mat to the next. 2 lanes at a time..</p>	<p>10. Hockeyroos</p> <p>Students use hockey sticks to dribble balls (big for K-2) around markers and back to the start. Hockey sticks are handed to the next student.</p>

